

# Whats up WOODLANDS

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## Woodlands Hospital's Emergency Department Bags NABH Accreditation, a First in West Bengal

The NABH (National Accreditation Board for Hospitals & Healthcare Providers) accreditation is awarded after a rigorous assessment process, evaluating key criteria such as infrastructure, triage system, staffing, emergency preparedness, and quality management. Woodlands Hospital's 10-bed emergency department has met and



**Kolkata, March 2025:** Woodlands Multispeciality Hospital, Kolkata has set a new benchmark in emergency care by becoming the first hospital in West Bengal to receive NABH accreditation for its Emergency Department. This prestigious recognition reinforces the hospital's commitment to providing world-class emergency medical services with the highest standards of patient safety and care.

Woodlands is now the third hospital in eastern India to receive this prestigious recognition.

exceeded these standards, ensuring seamless, life-saving interventions round the clock.

The department boasts of a robust triage system, categorising patients based on the severity of their condition. The two-bed section for extremely critical patients, three beds for moderately critical cases, and three for less critical patients are distinctly color-coded to facilitate rapid and appropriate care. This systematic

approach enhances patient outcomes and ensures efficient resource utilisation.

Further strengthening its capabilities, the emergency setup includes a dedicated **negative/positive pressure room**, crucial for infection control. The department is also equipped with four ventilator-supported beds, a significant ratio that enhances critical care readiness.



With round-the-clock availability of specialists trained in emergency medicine, Woodlands ensures expert intervention at all times. The emergency department is also

**defibrillators** further reinforce the hospital's capacity to handle medical emergencies with precision and speed.

Speaking on this achievement, **Dr Shiva Shankar Bhadra,**

**In-charge of the Emergency Department,**

said, "This NABH accreditation is a testament to our relentless

efforts in providing top-notch emergency care. Our structured triage system, advanced facilities, and dedicated medical team ensure that every patient receives the best possible treatment without delay."

**Mr Rupak Barua, Managing Director & CEO, Woodlands Multispeciality Hospital,**

added: "We are proud to be the first hospital in West Bengal to receive NABH accreditation for our emergency department. This milestone underscores our dedication to

patient-centric care and reinforces our position as a leader in emergency medical services."

With this accreditation, Woodlands Hospital continues to lead the way in emergency care, setting new standards for excellence and patient safety in West Bengal and Eastern parts of the country including Bangladesh, Nepal, Bhutan and Myanmar.



Portable ECG set up

equipped with a **procedure room for minor procedures and 24x7 radiological investigation facilities**, enabling swift diagnosis and treatment for trauma and accident cases.

Key emergency diagnostic tools such as **Troponin I and Troponin T tests, portable ECG, ECHO, ultrasound, and**

## WOODY SAYS



### Woody Says,

What's up, Crew! Let's gear up with the ultimate strategies to conquer the Kolkata heat.

Let's keep it real and ensure you stay fresh and energised while the mercury rises.

#### 1 Hydration is Key: Don't ghost your water bottle.

Sip on H2O all day long, and if you're out and about, grab some electrolytes to keep your energy levels up.

2 **Dress Smart:** Ditch the heavy threads for lightweight, breathable fabrics like cotton and linen. Keep your style comfy and cool.

3 **Sunscreen Game:** Slather on a generous layer of sunscreen every 2-3 hours to block those harsh rays. Pair it with shades and a cap to protect your eyes and face.

4 **Beat the Heat:** Avoid the peak sun hours (late morning to mid-afternoon). If you need to be outdoors, take breaks in the shade to chill out.

5 **Refresh with Food:** Munch on hydrating fruits like watermelon and citrus to help keep you cool from within, and opt for meals that fuel you up without weighing you down.

6 **Know Your Limits:** If you're feeling overheated, it's cool to take a breather in a cooler spot.

Keep these pointers in mind, and you'll be set to shine bright and stay unstoppable all summer long. Woody out!

## Mr Rupak Barua Appointed Vice Chairman, CII West Bengal

We're proud to share that Mr Rupak Barua, MD & CEO, Woodlands Hospital, has been appointed as the Vice Chairman of the CII West Bengal State Council for 2025-26. His leadership continues to inspire progress in both healthcare and industry in general.





## MD SPEAKS



**Mr Rupak Barua**  
Managing Director & CEO  
Woodlands Multispecialty  
Hospital Ltd

Stepping into another vibrant month at Woodlands, I feel immense pride reflecting upon the significant strides our hospital has made, vividly captured in this edition of Whatsup Woodlands.

Our Emergency Department achieved a laudable milestone by becoming the first in West Bengal to secure NABH Accreditation, reinforcing our relentless pursuit of excellence in patient care and safety. This accreditation marks not just our professional prowess but our unwavering commitment to the highest standards in medical care.

March also witnessed enriching discussions and meaningful engagements. The panel discussion, 'Navigating Wellness', held to commemorate International Women's Day, illuminated the transformative power of self-care, resilience, and holistic health, highlighting how women's empowerment is intrinsically linked to community well-being.

Medically, we continue to address challenges that defy conventional wisdom—our feature on Gastrointestinal Stromal Tumours (GIST) showcases the complexities of modern medicine, emphasising our expertise and adaptability in treating challenging conditions.

Additionally, our ongoing efforts in community outreach and awareness, from the 'Pronam Senior Members' Outing' to insightful health talks, underline Woodlands' commitment beyond hospital boundaries.

Together, let us continue this pursuit of healthcare excellence and community enrichment with renewed vigour.

## Navigating Wellness: Empowering Women for a Healthier Future

Woodlands Hospital celebrated International Women's Day with a panel discussion titled 'Navigating Wellness' at Calcutta Club. Esteemed panellists, including Ms Sudeshna Roy, Ms Alokanda Roy, and Woodlands doctors, shared personal journeys of resilience and self-love, inspiring over 100 attendees from corporate sectors, citizen organizations, and the medical community. Discussions ranged from mental well-being and preventive care to the

transformative power of self-care and community

support. Symbolic gestures, such as watering a plant, represented growth, harmony, and the promise of a healthier future. The event underscored that when women thrive, families and communities flourish, igniting a powerful dialogue on holistic health and the vital role of women's empowerment in driving lasting change.



Leading Standalone  
Multispecialty Hospital  
at ET Industry Awards



Pronam Senior Members' Outing



Health partner at Evvok Auto Expo



HR RNR Awards



Dr Sanjay De Bakshi  
MS(Cal), FRCS  
(Eng, Edin(ad eundem))  
Senior Consultant  
(General & Laparoscopic Surgery)

## GIST: The Tumour That Refuses to Play by the Rules

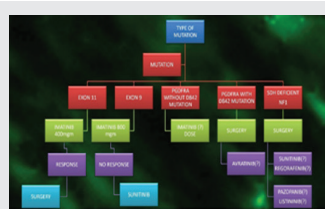
It is said that a leopard cannot change its spots. This is one tumour that changed itself like a chameleon right in front of our very eyes. We were taught how to distinguish between leiomyomas and leiomyosarcomas of the

stomach on barium meal studies during our medical student days.

However, in 1983, by which time we were all knocking at the door of entering post-graduate training, Mazur and Clark at the University of

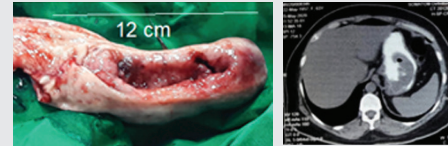
Minnesota, discovered that all these so-called sarcomas had S-100 proteins in them, implying that they originated from nerve sheaths! Kindblom and his associates in 1998 proved that the cells of origin were the Interstitial Cells of Cajal, the intestinal pacemaker cells! Cajal was given his due after 100 years of his discovery!

The world knew that complete resection of the tumour was a mandatory step in its cure, but researchers realised that stomach GISTs behaved better than non-gastric GISTs. The next serendipitous step was the realisation that a drug used for AML often made inoperable GISTs disappear – Imatinib Mesylate. However, the honeymoon period for Imatinib was reasonably short-lived. This opened the doors to molecular biology and advances in that field exposed a huge vista of previously unknown facts. Tyrosine kinase, a trans-membrane kinase binds to a stem cell factor



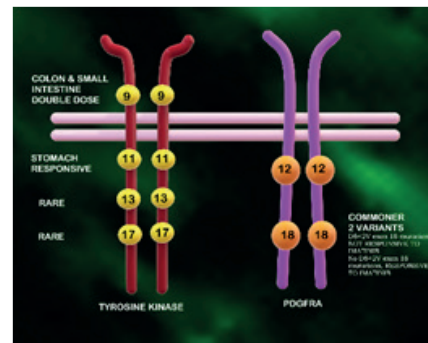
ESMO guidelines on neo-adjuvant and adjuvant therapy for gist molecular biology directed

outside the cell and stimulated ATP, the power generator of a cell.



Patient who presented with torrential bleeding dropping her haemoglobin to 3.4mgm/dl, required urgent resuscitation and resection

Tyrosine kinase had a number of loci which could be blocked (figures) -not all by imatinib



mesylate. Further, Platelet Derived Growth Factor Alpha was another trans-membrane kinase an alternate pathway that bypassed tyrosine kinase, also with two loci which

could be blocked. Moreover Succinate Dehydrogenase A,B,C & D were also responsible for stimulating ATP

inside the cell.



Recurrent gist of the stomach after 4 years on imatinib after primary surgery

The latest query – duration of treatment. The additional fact to now come

through the PERSIST-5 trial was that GIST cells were induced into quiescence not death by Imatinib Mesylate and some patients recurred even after stopping Imatinib after a full 5 years on a full dose!! The **leopard it seems**, changed its spots!!!

- 65K+ Orthopaedic & Replacement Surgeries
- 3 lakh+ surgeries
- 60K+ Total Cardiac Interventions
- 79 years of service

For suggestions and queries, please write to: [corporate.communication@woodlandshospital.in](mailto:corporate.communication@woodlandshospital.in)



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